# Navigating the Economic and Real Estate Market Inflexion

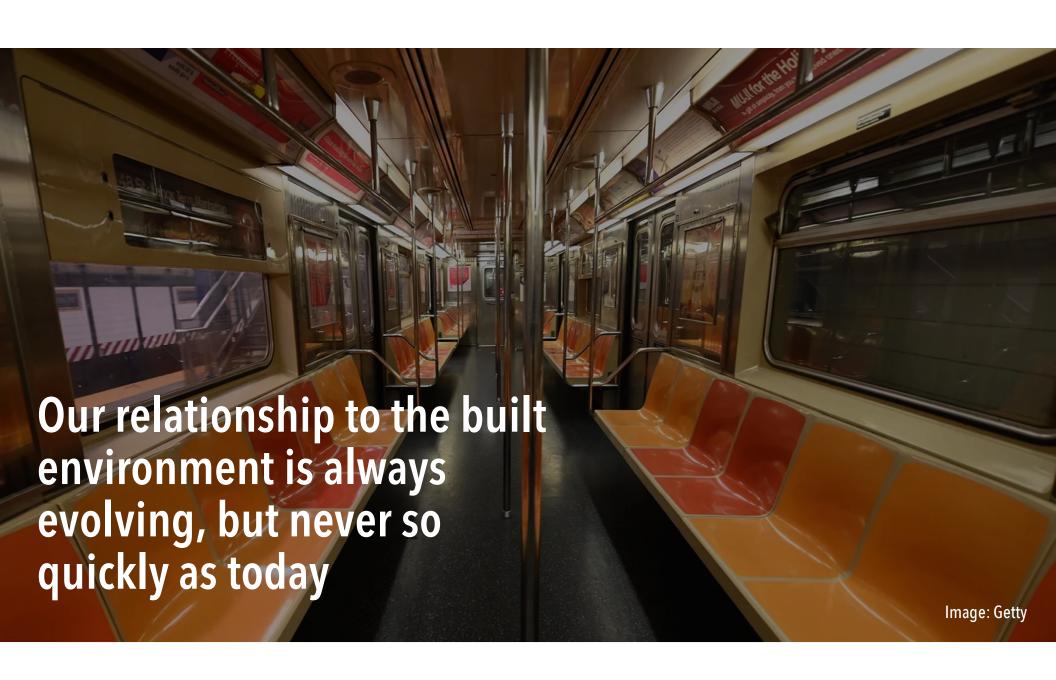
September 24, 2024 | Distressed Real Estate Forum | Mayer Brown & JLL

## Sam Chandan, PhD MPH MSc FRSPH FRICS† Founding Director, Chen Institute for Global Real Estate Finance

†Fellow of the Royal Society of Medicine, Royal Society for Public Health, and Royal Institution of Chartered Surveyors; Contributing Member of the American Society for Microbiology. For more information, visit www.samchandan.com



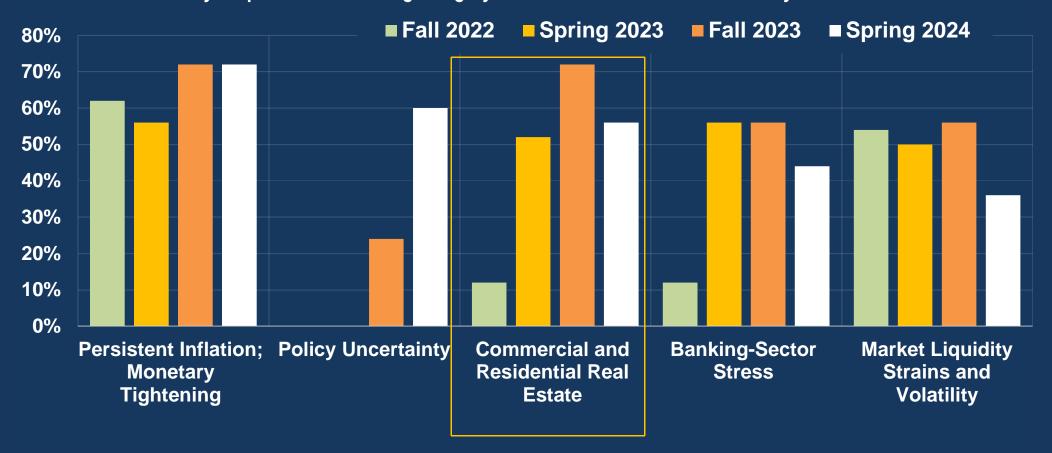
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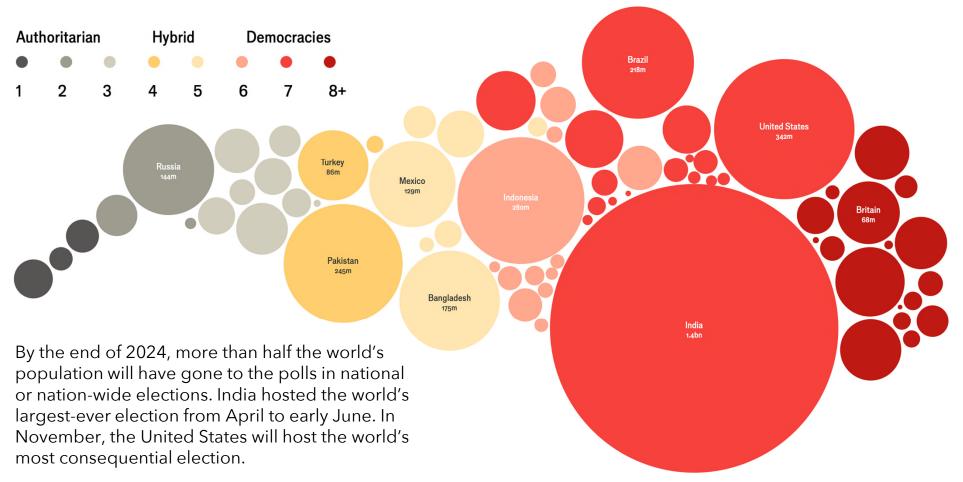
#### Risks to the Financial System

% of Fed Survey Respondents Indicating Category Presents a Risk to Financial Stability



Source: Federal Reserve Financial Stability Report; April 2024

#### The Biggest Election Year in History



**Source**: The Economist, 2024 is the Biggest Election Year in History, November 13, 2023 (Data and Graphic)



#### Agenda

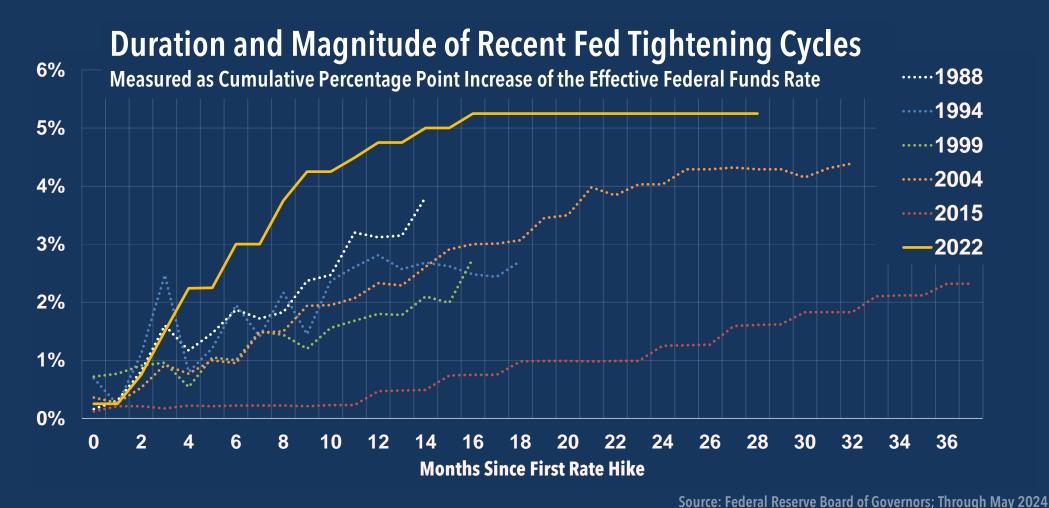
Macroeconomy, Labor Markets, and Monetary Policy

Real Estate Fundamentals & Investment

Distressed Real Estate



#### **Record-Setting Increases in the Policy Rate**



#### **Inflation Trending Towards Target**

#### **Consumer Price Index Inflation Year/Year Change**

Headline, Core, and Rent of Primary Residence



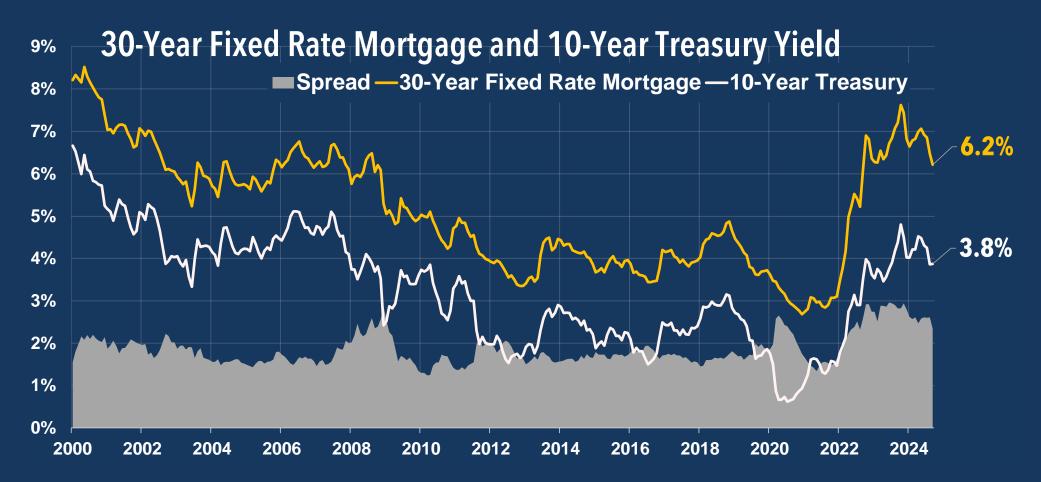
Source: Bureau of Labor Statistics; Through August 2024

#### **Monetary Policy Outlook**

#### Fed Target Rate Probabilities by Meeting Date

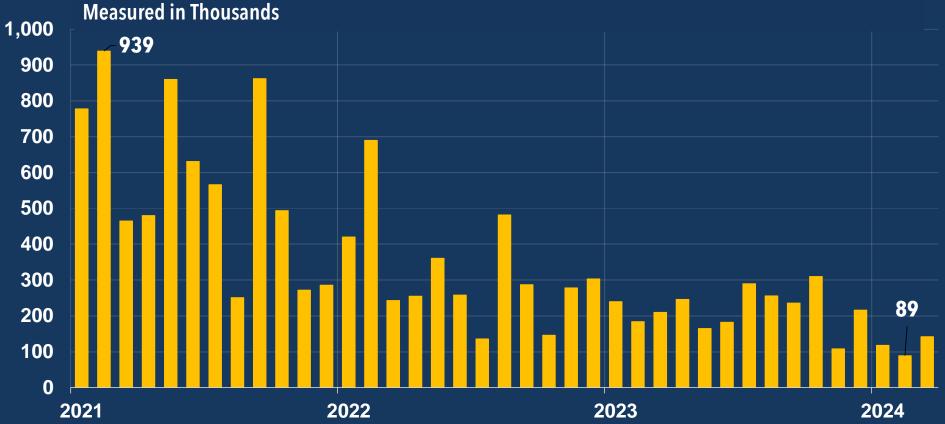


#### **Elevated Long-Term Interest Rates**



#### **Labor Market Slowing**

# Monthly Job Creation Measured in Thousands



#### **Labor Market Slowing**

**Unemployment Rate and Job Openings** 



# The **Economist**

How to build Ukraine 2.0

Is China's economy turning Japanese?

Al: bigger is not always better

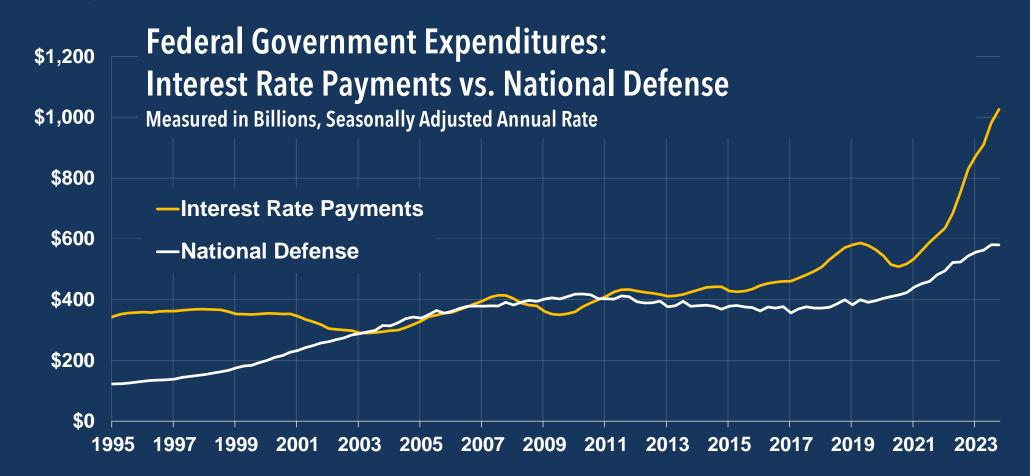
Study-drugs don't work

JUNE 24TH-30TH 2023



# THE TROUBLE WITH STICKY INFLATION

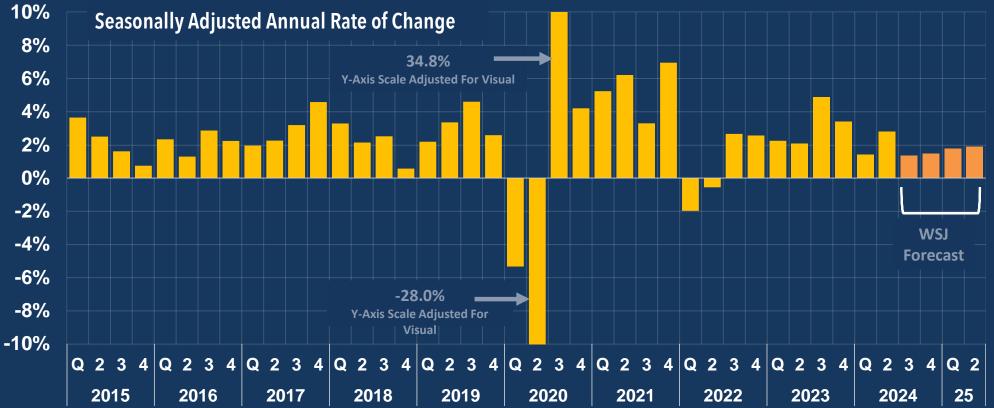
#### Weight of Global Debt





#### **Expectation of a Resilient Economy**

### Real Gross Domestic Product Seasonally Adjusted Annual Rate of Change

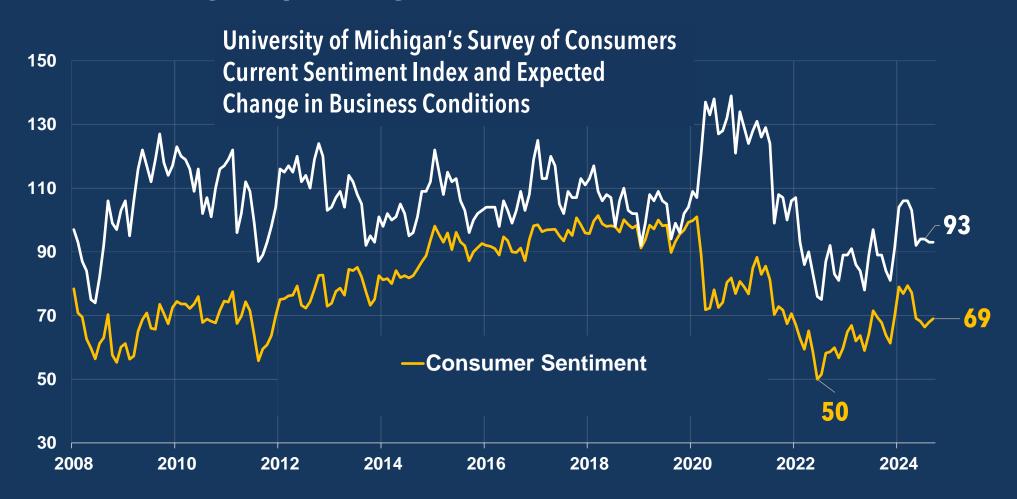


#### Recession Likelihood Falling

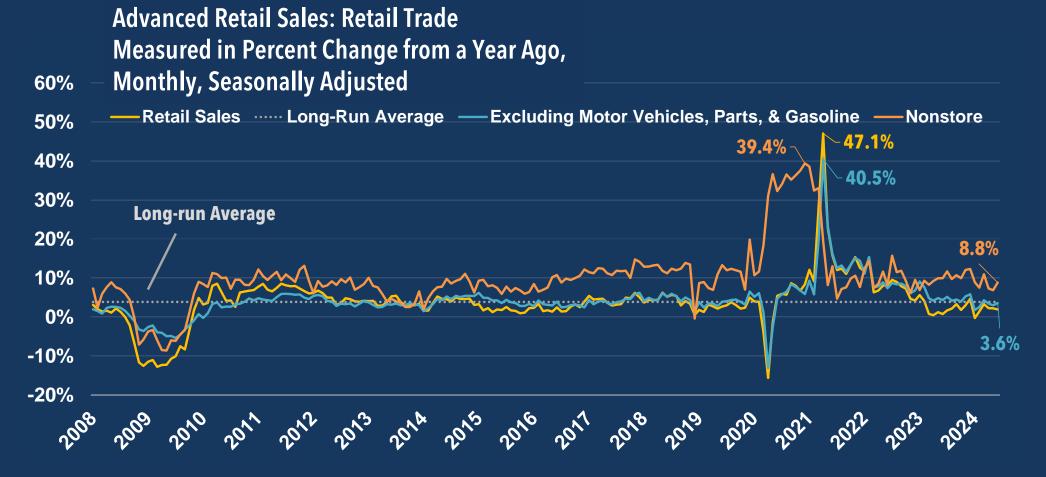
## WSJ Economic Forecasting Survey: Probability of a Recession in the Next 12 Months



#### **Modestly Improving Consumer Outlook**



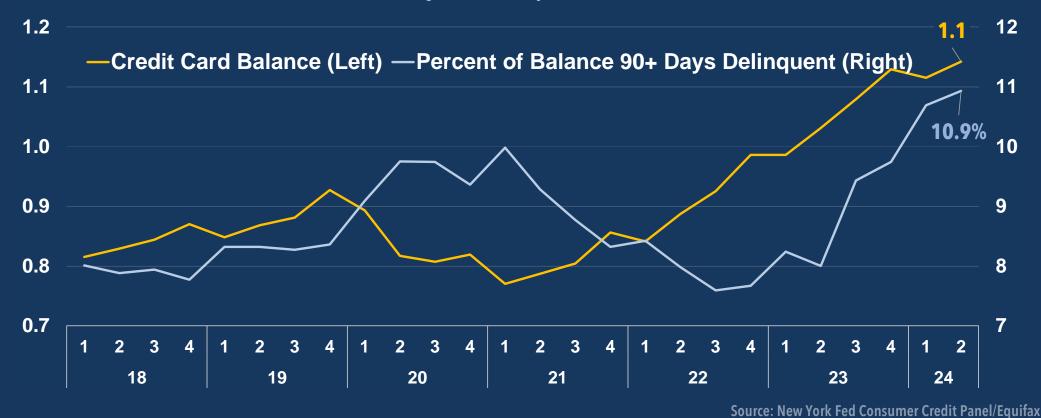
#### **Modestly Improving Consumer Outlook**



#### Credit Card Delinquency is Rising

#### **Credit Card Balance and 90+ Days Delinquency Rate**

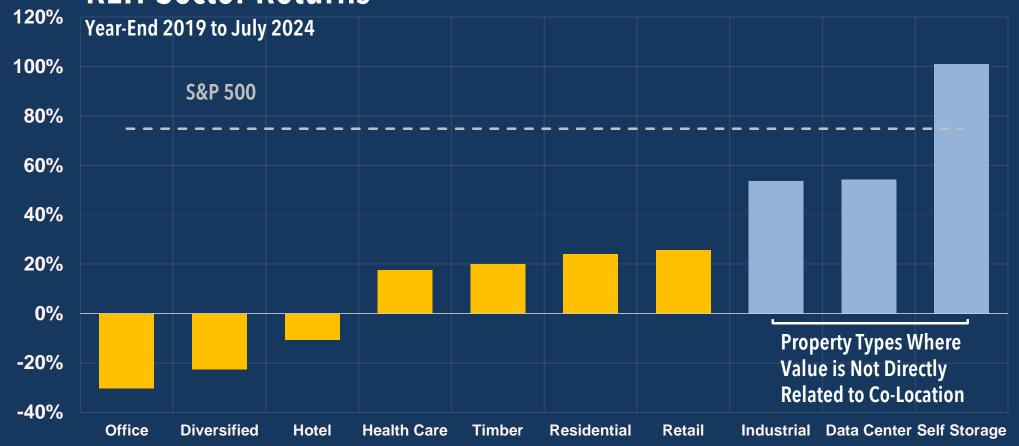
Measured in Trillions \$ (Left), Percent (Right), Quarterly





#### Dependency on Co-Location and Valuations



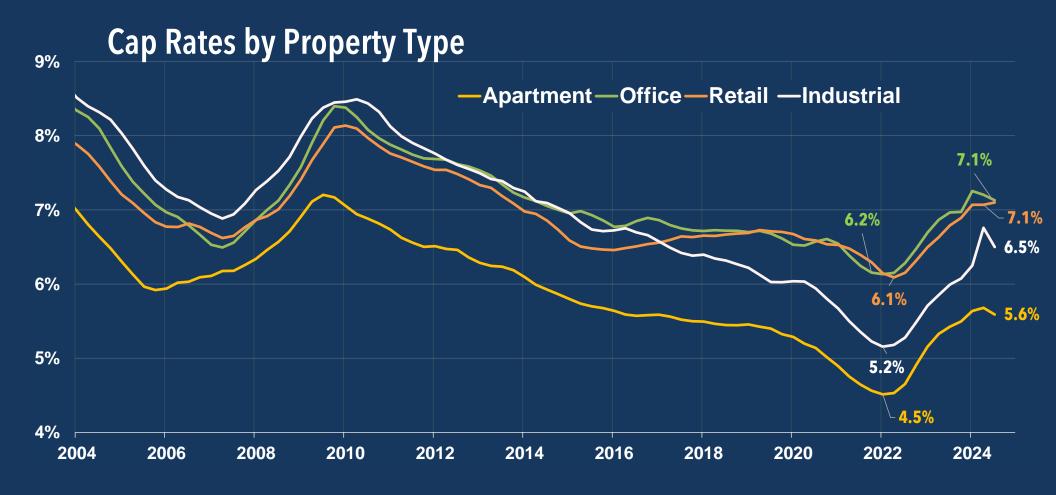


Source: NAREIT, Chandan; August 2024

#### Mixed Outlook for Transaction Activity



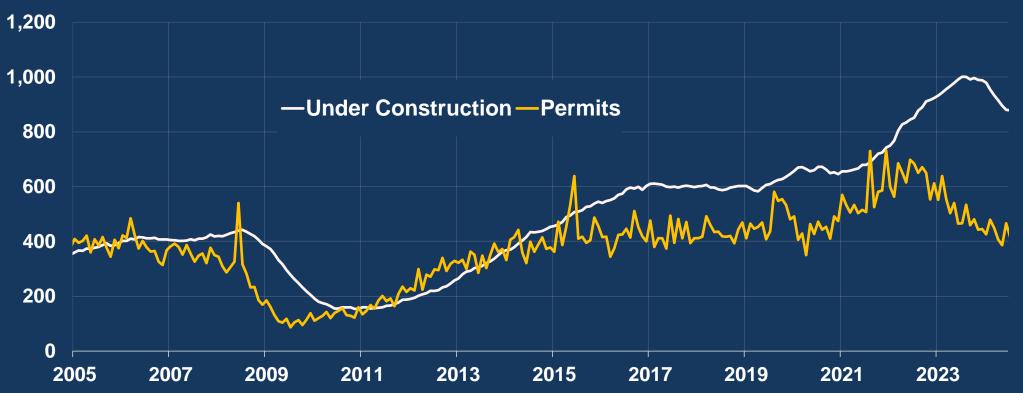
#### **Cap Rates Rising Across All Property Types**



#### **Private Construction and Permits Declining**

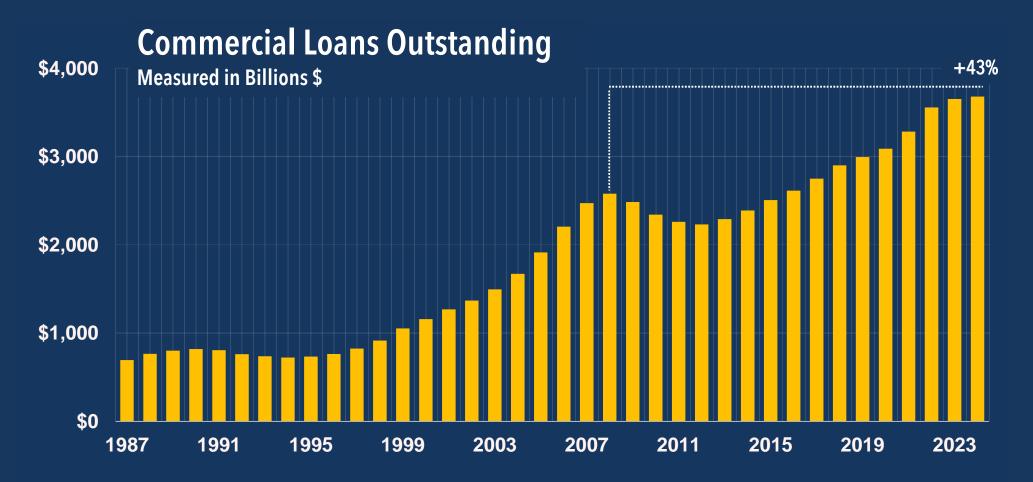
#### New Private Housing Units Under Construction and Permit Placing

Thousands of Units, Monthly, Seasonally Adjusted

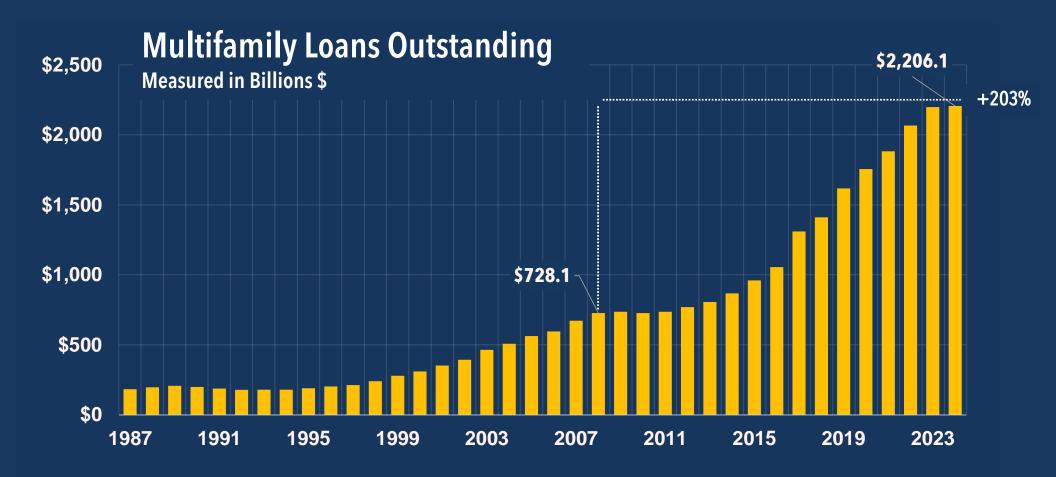


Source: OMB; St. Louis Fed; Through August 2024

#### **Commercial Real Estate Exposure**



#### **Commercial Real Estate Exposure**



#### Slow Normalization of Bank Lending Standards

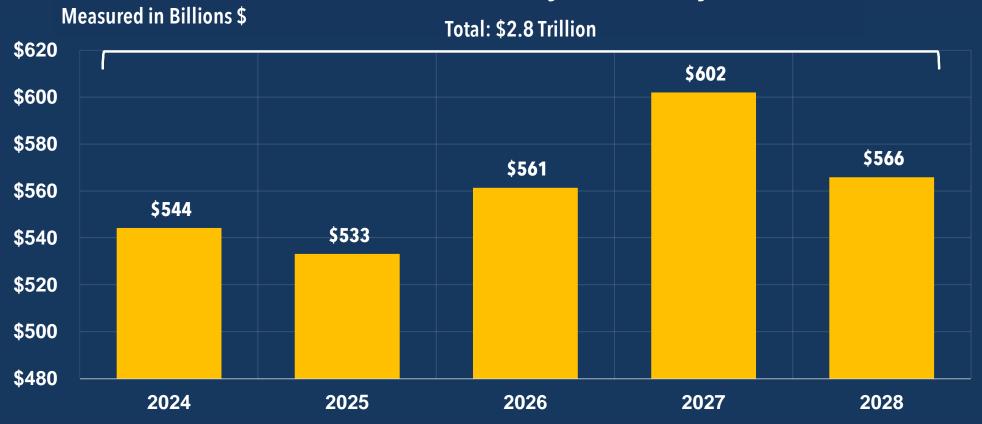
#### **Net Share of Banks Tightening Lending Standards**

**Senior Loan Officer Opinion Survey** 



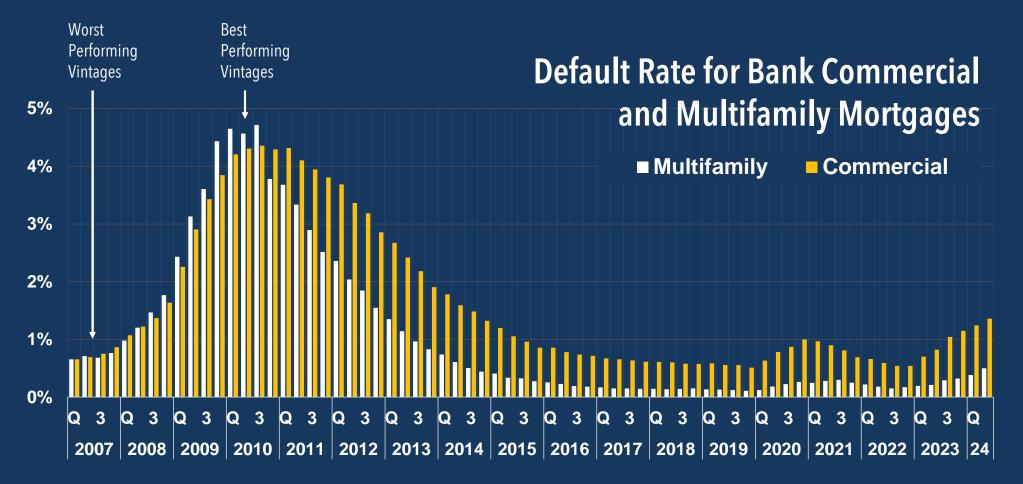
#### **Maturity Outlook**

#### **Commercial Real Estate Debt Maturity Volume by Year**

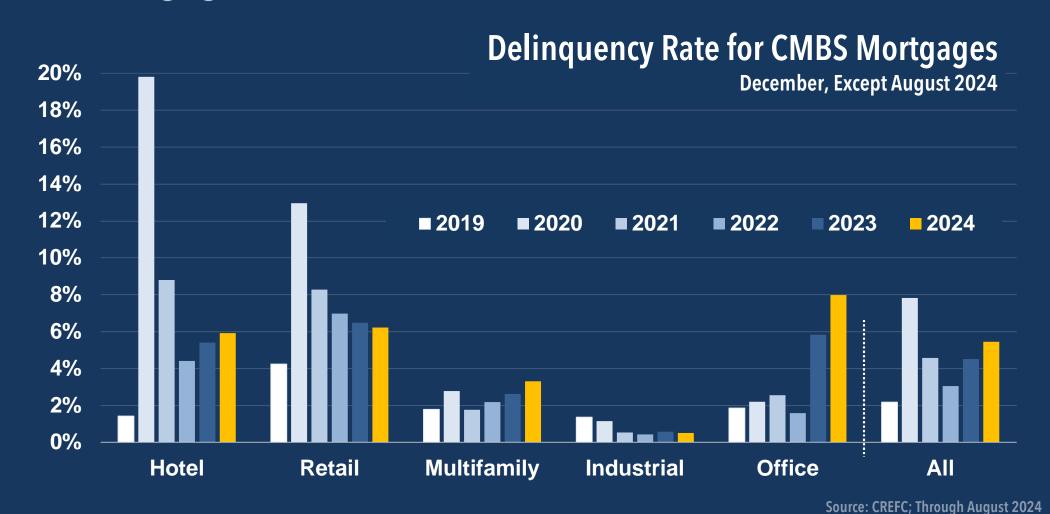


Source: Trepp; Analysis as of December 2023

#### Mortgage Performance Strains



#### **Mortgage Performance Strains**



#### **Outlook for Distress**

Cost of Financing

Availability of Financing, Senior and Gap

Asset Positioning and Repositioning

**Underassessed** 

**Urban Resilience** 

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